

ACHRM's NINE Healthcare Cost Containment Strategies

Interested in
implementing
these
solutions?

Let us introduce
you to our vetted
solution providers
for collaboration!

Claims Audit / Payment
Integrity

Identifies errors and omissions and negotiate
reclamation and credits.
Cost management strategy versus a cost
cutting crisis

Effective methods of self-insuring

Choosing a major insurance carrier, an
independent non-insurance carrier based
Third Party Administrator, or join a
Captive/Consortium

Pharmacy Benefit Management

Carving off your PBM to improve quality and
reduce costs

Reference-Based Pricing

Greater price transparency and reduce medical costs

Direct Contracting

Enter into direct contracting with physicians,
hospitals or medical providers which defines price,
payment terms, service, and other critical factors

Onsite/Nearsite (Shared), Mobile,
Pop-Up Clinics and Direct Primary
Care

Enter into direct contracting with
physicians, hospitals or medical providers
which defines price, payment terms,
service, and other critical factors

Telemedicine

Improve employee care, reduce emergency room visits,
inconvenience absenteeism and presenteeism

Employee Well-Being Programs

Prevention, wellness, mental health,
behavioral health, safety, workers comp, etc.

Data Analytics Solution

Providing functionality to support Executive
C-Suite decisions